

## Sun Protection Policy

### *Education and Care Services*

#### **National Law Act 2010:**

Section 167- Protection from harm and hazards.

### *Education and Care Services*

#### **National Regulations 2011:**

Regulation 113- Outdoor space-natural environment.

Regulation 114- Outdoor space-shade

Regulation 168- Policies and procedures (2)(a)(ii)- Sun protection

### Goals – What are we going to do?

- Exposure to ultraviolet (UV) radiation in childhood is a major risk factor for developing skin cancer later in life. By implementing a best practice Sun Protection Policy and practices, Jannali Preschool can help protect staff, educators and children from UV radiation and teach children good sun protection habits from an early age.

### Strategies – How will it be done?

#### **1. Scheduling of outdoor activities - Quality Area 2: Children's health and safety**

Outdoor activity times and sun protection practices to include:

**October to March:** Minimise outdoor activity between 11am and 3pm (daylight saving time). Sun protection practices are required at all times when outside.

**April - September:** Outdoor activity can be planned at anytime of the day. Sun protection practices are required between 10am and 2pm **except in June and July** when the UV Index is mostly below 3.

All sun protection measures will be considered when planning excursions and incursions.

#### **2. Shade - Quality Area 2 - Children's health and safety. Quality Area 3: Physical environment.**

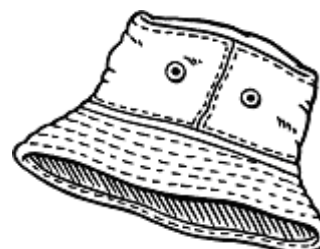
We are fortunate that a large majority of our outdoor environment is covered with shade sails, however we are still mindful to plan activities in shaded areas.

#### **3. Hats- Quality Area 2: Children's health and safety**

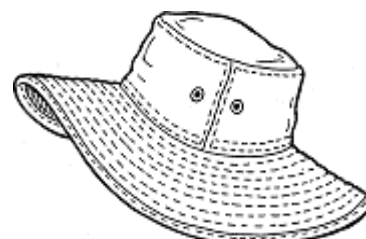
Staff, educators and children are required to wear sun-safe hats that protect their face, neck and ears.

Sun-safe hats include:

- bucket hats with a deep crown and brim size of at least 5cm (adults 6cm)



- broad-brimmed hats with a brim size of at least 6cm (adults 7.5cm)



Education and Information- Quality Area 1: Educational program and practice. Quality Area 5: Relationships with children. Quality Area 6: Collaborative partnerships with families and communities.

Jannali Preschool Kindergarten is committed to incorporating sun protection information regularly into our learning programs and sharing information with staff, educators, families and visitors.

Further information:

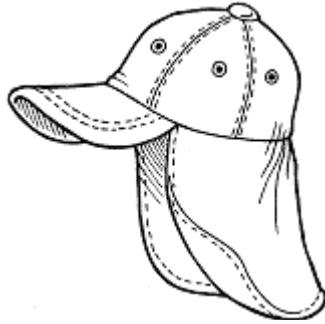
[www.cancercouncil.com.au/sunsmart](http://www.cancercouncil.com.au/sunsmart)

All of our policies can be accessed by staff, families, educators or visitors by viewing them on our sign-in bench.

This policy is updated every three years and submitted to the Cancer Council NSW to maintain SunSmart status.

Last Reviewed: February 2016  
Date for Review: February 2019

- legionnaire style hats



**Please note: Baseball caps and visors are not sun-safe hats.**

Children without a sun-safe hat are required to play in an area protected from the sun (e.g. under shade, veranda or indoors) or will be provided with a spare hat.

#### 4. Clothing - Quality Area 2: Children's health and safety

Staff, educators and children are required to wear sun-safe clothing that covers as much of the skin (especially the shoulders, back and stomach) as possible. This includes wearing:

- loose fitting shirts and dresses with sleeves and collars or covered neckline. All educators are provided with a uniform shirt with Jannali preschool's logo on it that meets this criteria.
- longer style skirts, shorts and trousers.

Please note: Midriff, crop or singlet tops are not sun-safe clothing.

Children without sun-safe clothing are required to play in an area protected from the sun (e.g. under shade, verandah or indoors) or will be provided with spare clothing.

#### 5. Sunscreen - Quality Area 2: Children's health and safety

All children need to use sunscreen though the year except for June and July when the UV index is mostly below 3. Parents are required to apply at least SPF30+ broad-spectrum water-resistant sunscreen on arrival and put a stamp on their child's hand so we know it has been applied. All staff and educators will ensure sunscreen is then reapplied 20 minutes before going outdoors again. Sunscreen is stored in a cool, dry place and the expiry date is monitored.

#### 6. Role modelling- Quality Area 5: Relationships with children

Staff and educators are required to act as role models and demonstrate sun-safe behaviour by:

- wearing a sun-safe hat, clothing and sunscreen, and using shade
- wearing sunglasses (optional) that comply with the Australian Standard 1067 (Sunglasses: Category 2, 3 or 4)
- encouraging families and visitors to role model positive sun-safe behaviour when at the service and all volunteers on excursions are expected to demonstrate sunsafe behaviour.
- educate the children about sunsmart practices in our program.